

Challenge Yourself - Be Resilient

2016–2017 PSA & Poster Projects

Middlesex County middle and high school students are invited to submit original Public Service Announcements and Posters to the **Annual PSA and Poster Projects** sponsored by Middlesex Partnerships for Youth, Inc. and the Middlesex District Attorney's Office.

This year's theme is **Challenge Yourself - Be Resilient**. Resiliency builds courage, allows you to try something new, and promotes self-discovery and self-esteem. Learning to cope with adversity, hardship and embracing challenges as an opportunity will allow teens to grow, thrive and succeed in new ways.

Possible topics for the videos and posters include:

- ◆ Finding creative ways to overcome challenges in your life
- ◆ Learning from your setbacks and using that knowledge to succeed
- ◆ Persevering through obstacles you may encounter
- ◆ Staying positive and resilient in the face of adversity
- ◆ Reaping the rewards that come from trying something new

This project is open to all middle school and high school students who live in or attend school in Middlesex County. Students may enter one or both projects. Videos must be between 30 and 60 seconds long. Posters must be one page and submitted electronically. Please see the attached applications for the official rules and submission requirements for each project.

[Click Here](#) for Poster Project Application. Entries due January 20, 2017.

[Click Here](#) for PSA Project Application. Entries due May 5, 2017.

For More Information visit www.mpyinc.org or
Contact Margie Daniels, MPY Executive Director, at 781-897-6808 or Margie.daniels@state.ma.us